

## A spotlight on SA Tour 2024 Value Jersey Recipients

At Tour de Cure we value each other and the community. We believe upholding our core values is held with high regard and we celebrate those who go above and beyond in the lead up to tour and whilst on tour.

The jersey represents Tour de Cure's CARING values and will be awarded to the person with the most impactful nominations at each of the team dinners. Jerseys are awarded for the following categories to the person who is:

- Courageous** - They are bold and trusted in our quest to find a cure
- Achieving** - They inspire others to achieve great things
- Respectful** - They acknowledge the importance of our community
- Inclusive** - They embrace and value all
- Nurturing** - They are a valued part of the TDC family who positively engages and encourages others
- Growing** - They actively challenge others to grow



### Day 1, 11 April, Bridgewater to Wirrina Cove

#### Briony Forbes and Rob King, Achieving, Nurturing

Briony and Rob are the amazing, caring, nurturing a supportive power cyclists as part of the SADT team. Their careers are impressive enough towards the fight to cure cancer and other diseases let alone their support to cycling with TdC. They welcome new and old riders with welcome arms and are always there to support anyone in need. Briony's tenacity to battle certain hills inspires me on and greatly helps discourage self doubt.



#### Ben Tait, Achieving, Courageous, Growing

Ben has been an incredibly enthusiastic rider with the SA Discovery team coming in initially as a rider and later being invited to be part of the Ride Lead team. He has been committed to joining group rides around his very busy work and life schedule.

A special mention of the unknown number of punctured tyres he has relentlessly changed, bike maintenance questions and advise he has given as on bike mechanic. He is always encouraging of new riders and willingly answers any questions related to bike gear no matter how minute it may seem. He is very respectful of all riders old or new, male, female or other, welcoming them, making them feel supported and someone we are very proud to have as part of our SADT.



## Day 2, 12 April, Worrina Cove loop

### Phil Worley, Achieving, Inclusive, Nurturing

Phil was an awesome mentor for my first tour and has always been a great supporter and advocate for TdC. Phil is a surgeon who cares for cancer patients. He is a major fundraiser and actively involved with TDC and passionate about the cause. He has led rides and always encourages others. Years of service, money raised, leads from the front. Phil embodies all the values of TdC, he is a fantastic ambassador for TdC in SA

### Jess Logan, Courageous, Respectful

Jess has been a tireless supporter of TDC behind the scenes, organising and encouraging support crew activities and offering to crew cars. Plus she is an amazing navigator!

Jess is a support crew member and excellent navigator who always has a positive can do attitude inspiring others to get involved. She is also a cancer researcher and long time cycling widow (her partner is a passionate TDC cyclist)

Her amazing research into curing cancer is credit on its own let alone the support she gives on tour. She's a calming presence when everyone else is stressed and has a very everything is 'good' attitude. Her research in cancer, her support for Ash's cycling ride lead addiction and as a support crew member makes her a well deserving candidate.



### David Williamson Respectful, Nurturing

Extraordinary effort over the past month with TDC including support crew on Signature Tour and volunteer on the School's committee. David has been a MASSIVE help, in the P3 rear car, on day 1. Answering questions, providing support

## Day 3, 13 April, Worrina Cove to McLaren Vale

### Jeff Strachan, Nurturing

Jeff is always out to help. He has a huge heart. He cares, he listens, he helps. He is social and inclusive and is an all round amazing guy. Assisting riders in P1 at any time and without being asked. An inspiration to witness. Really upholding a number of our values but especially "nurturing" Commitment to others on the ride by nursing the riders in a time of pain. His commitment was outstanding, he did not ride for himself!!



### Cath Williams, Growing

As a first time front car team, Cath have grown immensely in the last 2 days. Navigation is solid, calls are crisp and comms with rear car and PM are clear and accurate



### **James Humphreys, Respectful**

James is a legend. He has brought all the Sydney bikes over and has stepped up to the TDC community with gusto with all the behind the scenes tasks that make our rides less stressful. He hasn't stopped working, constantly is asking every other support crew, lead car drivers etc if they need a hand with anything. James is a legend super helpful and supportive



### **Paul Vuaran, Achieving, Respectful**

This is Paul's first TdC tour. He arrived early to Day 0 and immediately made himself available for any tasks. We needed assistance setting up the cars, fuelling cars and filling water bottles. Paul assisted without question and kept replenishing the vehicles until they were all done. Paul made our afternoon efficient. He dealt with every task with grace. It was an absolute pleasure to work with him today

Paul is new to tour and it was his first day in the P2 Rear Vehicle. He did a great job all day, controlling the flow of passing vehicles and communicating with us when passing cars did not follow instructions. Fantastic job!

Respectful of all the riders and the drivers on the road. Has done a brilliant job on his first time as a navigator keeping everyone safe



### **Special mention to all those who were nominated for a Value Jersey**

*Alex Martin, Anna Skalkos, Ash Hopkins, Chris Barnett, Chris Brown, Claire Robertson, Clint Bowen, Colvin Burgess, Danny Canfyn, David Medhurst, Dee Montague-Jones, Heath Peterson, Heidi Bramberger, Izzac Scott, Julian Doyle, Julie-Anne Athanasiadis, Lauren Holloway, Matt Beanland, Mikaila Bloomfield, Phil Martin, Rob Errigo, Ross Verschoor, Sean Goldrick, Sheri Cornish, Silas Nolan, Simone Holst, Theo Athanasiadis, Vance Jala*

### **Huge thank you to the Value Jersey Committee**

Julie-Anne Athanasiadis and Sean Goldrick